

2014-2016 FCCLA State Officer Study Guide

General Information about the Organization

- 1). **What do the letters FCCLA stand for?**
Family, Career, and Community Leaders of America
- 2). **What is the tagline for FCCLA?**
The Ultimate Leadership Experience
- 3). **Complete the sentence: Family, Career, and Community Leaders of America is a dynamic and effective national student organization that.....**
helps young men and women become leaders and address important personal, family, work, and societal issues through family and consumer sciences education.
- 4). **Name 5 current youth concerns FCCLA chapter projects focus on.**
Teen pregnancy, parenting, family relationships, substance abuse, peer pressure, environment, nutrition and fitness, teen violence, and career exploration.
- 5). **Name 4 “Skills for Life” involvement in FCCLA offers members the opportunity to develop.**
Planning, goal setting, problem solving, decision making, and interpersonal communication- necessary in the home and workplace.
- 6). **What is the flower of the organization?**
The red rose is the flower of the organization
- 7). **What does the flower of the organization represent?**
It represents the search for beauty in everyday living.
- 8). **What is the motto?**
Toward New Horizons
- 9). **What is the meaning of the motto of the organization?**
It reminds members that their contributions to home life today will influence the kinds of homes they have tomorrow; that the family life of members will influence the community and the world.
- 10). **Name the 5 components of the planning process.**
Identify Concerns, Set your Goal, Form A Plan, Act, and Follow Up
- 11). **What does the emblem represent to the organization?**
The emblem shows that FCCLA is a dynamic, active organization bound for the future. The dominant collegiate lettering articulates a focus on education and student leadership. The swooping arch embodies an active organization that

moves toward new arenas. The emblem will always be linked to the turn of the century when FHA changed to FCCLA. The color of the emblem is one of the organizational colors- red.

- 12). What are the colors of FCCLA?**
The colors of the organization are red and white
- 13). What do the colors represent?**
Red suggests strength and white is recognized as the symbol of sincerity. These colors inspire members with the courage and determination to succeed.
- 14). What is the mission of the organization?**
The mission is: To promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and vocational preparation.
- 15). Name three ways in which FCCLA helps teachers.**
Incorporate school-to-career elements and applied academics into the family and consumer sciences program;
Serve special populations;
Enrich classroom teaching and motivate students to learn;
Fulfill student performance standards and competencies;
Reduce preparation time as students take responsibility for learning;
Guide students toward meaningful projects to enhance the image of family and consumer sciences education;
Model how to help others;
Publicize the Family and Consumer Sciences program to parents, administrators, and community;
Attract more students;
Establish rapport with students;
Develop leaders who can assist in the classroom;
Become aware of additional resources;
Expand professional experience and fulfillment;
Tap into a professional support system
- 16). Name 3 of the eight purposes of the organization.**
To provide opportunities for personal development and preparation for adult life
To strengthen the function of the family as a basic unit of society
To encourage democracy through cooperative action in the home and community
To encourage individual and group involvement in helping achieve global cooperation and harmony
To promote greater understanding between youth and adults
To provide opportunities for making decisions and for assuming responsibilities
To prepare for the multiple roles of society
To promote family and consumer sciences and related occupations
- 17). Is one of the purposes of FCCLA to teach students to succeed in competition with others?**

No

- 18). Name three ways in which FCCLA helps schools.**
Motivate and improve students' attitudes toward school and learning
Facilitate the transition from school to career
Consumer Sciences Program
Integrate life skills into Family and Consumer Sciences classes, making school and life relevant to one another
Gain community support of programs
Prepare employable citizens
Support school activities
Demonstrate classroom learning in the community
Build support systems for students
- 19). State the Members portion of the Opening Ceremony.**
"As we work toward the accomplishment of our goals, we learn cooperation, take responsibility, develop leadership and give service."
- 20). State the creed of the organization.**
"We are the Family, Career, and Community Leaders of America.
We face the future with warm courage and high hope.
For we have the clear consciousness of seeking old and precious values.
For we are the builders of homes,
Homes for America's future.
Homes where living will be the expression of everything that is good and fair.
Homes where truth and love and security and faith will be realities, not dreams.
We are the Family, Career, and Community Leaders of America.
We face the future with warm courage and high hope."
- 21). Name three ways in which FCCLA helps students.**
Develop career skills and learn to balance career and family responsibilities
Strengthen home and family life
Prepare for community living as responsible citizens
Experience the connection between career and technical and academic skills
Improve self-esteem
Practice and apply creative and critical thinking
Understand themselves and their relationships with others
Develop a personal leadership style
Identify concerns, make decisions, and carry out activities
Experience the satisfaction of helping others
Observe family and consumer sciences—related careers
Gain recognition for accomplishments
Build supportive relationships with teachers in a less formal atmosphere
Achieve established performance standards and competencies
- 22). Local groups of FCCLA should be referred to as _____.**
Chapters

23). Meetings should be opened and closed with the official _____.
Ceremonies

- 24). **State the officer's portion of the Opening Ceremony.**
 "Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and vocational preparation."
- 25). **FCCLA is the only in-school organization with the _____ as its central focus.**
 Family
- 26). **FCCLA provides opportunities for active student participation at the _____, _____ and _____ levels.**
 local, state, national
- 28). **The national program which encourages members to eat right, get fit, and feel good about themselves is called _____.**
 Student Body
- 29). **The national membership recognition program is called _____.**
 Be Part of It!
- 30). **The national program which teaches teens to manage their money is called _____.**
 Financial Fitness
- 31). **The national program which promotes highway traffic safety is called _____,**
 FACTS (Families Acting for Community Traffic Safety)
- 32). **The national program which uses peer education to strengthen families is called _____,**
 Families First
- 33). **The national program which promotes job readiness is called _____.**
 Career Connection
- 34). **The individual project recognition program is called _____.**
 Power of One
- 35). **The national program that is a peer-to-peer outreach initiative that empowers young people to recognize, report, and reduce the potential for youth violence is called _____.**
 Stop the Violence
- 36). **Name the five units of Power of One.**

A Better You
Family Ties
Working on Working
Take the Lead
Speak out for FCCLA

- 37). What are the 3 components of Student Body?**
Fitness
Nutrition
Healthy Choices
- 38). Name the 5 units of Families First.**
Families Today
You-Me-Us
Meet the Challenge
Balancing Family and Career
Parent Practice
- 39). Adults who are interested in supporting the goals of the organization may become _____ & _____ members.**
Alumni & Associates
- 40). What is the Japanese Exchange Program?**
This program offers full scholarships for FCCLA members who are sophomores and juniors in high school to spend six weeks with a Japanese family.
- 41). Name the program that recognizes advisers who oversee strong and active chapters.**
Master Adviser
- 42). Name the program that recognizes advisers who spend several years assisting and training new chapter advisers?**
Adviser Mentor
- 43). What program recognizes chapters that address a community need using family and consumer sciences related skills?**
Community Service Award
- 44). Name the program that recognizes young people who strengthen leadership skills in 6 areas of Family and Consumer Sciences.**
Leaders At Work
- 45). Name the competitive events program that recognizes members for proficiency and achievement in leadership and job related skills.**
STAR Events
- 46). What does the acronym STAR in STAR Events stand for?**
Students Taking Action with Recognition
- 47). What is the program designed to help new members learn about FCCLA?**
Step One

48). What are the 3 R's of the STOP the Violence program?
Recognize, Report, and Reduce

49). Name 5 of the events of STAR Events.

Advocacy
Applied Technology
Career Investigation
Chapter Service Project
Chapter Showcase
Culinary Arts
Early Childhood
Entrepreneurship
Fashion Construction
Focus on Children
Hospitality
Illustrated Talk
Interior Design
Interpersonal Communications
Leadership
Life Event Planning
Job Interview
National Programs in Action
Nutrition and Wellness
Parliamentary Procedure
Promote & Publicize
Teach & Train
Recycle & Redesign

50) What are the web addresses for Louisiana FCCLA and National FCCLA?
www.lafccclainc.org www.fcclainc.org

51) What year and national conference location did FHA become FCCLA?
1999 Boston

52) What does CTSO mean?
Career and Technical Student Organizations

53) What students are organizations are included in the CTSO umbrella?
FFA, FBLA, FCCLA, DECA, HOSA, Skills USA

54) When and Where did FHA start?
Chicago 1945

55) What does CTE stand for?
Career and Technical Education

56) What type of funding do CTSO's receive in order to support state and national activities?

Carl Perkins